

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

2	Pasta w. Marinara Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	3	Popcorn Chicken w. Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4	Turkey Taco Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint National Taco Day!	5	BBQ Chicken w. Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6	No School Non-Attendance Day
9	No School Columbus Day	10	Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11	Homemade Sausage Focaccia Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint National Sausage Pizza Day!	12	MmmBurger w. Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	13	Homemade Cheese Focaccia Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
16	Baked Chicken Tenders Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	17	4 Star Mac and Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint National Pasta Day!	18	Personal Pan Cheese Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19	No School Non-Attendance Day	20	No School Non-Attendance Day
23	Chicken Patty Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24	Turkey Sub Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25	Grilled Hot Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	26	Baked Chicken w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27	Homemade Cheese Focaccia Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
30	Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	31	Olife Cheese Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint Halloween Treat!	31	<u>Fun Fact:</u> Pumpkin is loaded with an important antioxidant, beta-carotene.	And...	Beta-carotene is one of the plant carotenoids converted to vitamin A in the body.	 Happy Halloween!	

Student must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal

Fat Free Chocolate and 1% White Hormone-Free Milk Available

Check Out October's National Food Holidays!



Artificial Ingredients, Additives, Preservatives

High-Fructose Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh NEVER frozen

4-Star School Lunch Provider!



It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you. email us at accounts@organiclifeonline.com

ORGANIC LIFE MAY SUBSTITUTE PROTEIN, FRUIT AND/OR VEGETABLE BASED ON SEASONALITY AVAILABILITY.

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