

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break
English Muffin w. Jelly Fruit- 1/2 cup Milk- 1 cup	Apple Whirls Cereal Bowl Fruit-1/2 cup Milk- 1 cup	Fruit & Grain Strawberry Bar Fruit-1/2 cup Milk- 1 cup	Whole Grain Cereal Bowl Fruit- 1/2 cup Milk- 1 cup	Pancakes w. Syrup (2 each) Fruit- 1/2 cup Milk- 1 cup
No School Martin Luther King Day	Fruit & Grain Apple Bar Fruit- 1/2 cup Milk-1 cup	Biscuit w. Jelly Fruit- 1/2 cup Milk- 1 cup	Bagel w. Cream Cheese Fruit- 1/2 cup Milk- 1 cup	Waffles w. Syrup (2 each) Fruit- 1/2 cup Milk- 1 cup
Fruit Whirls Cereal Bowl Fruit- 1/2 cup Milk-1 cup	Fruit & Grain Strawberry Bar Fruit- 1/2 cup Milk-1 cup	English Muffin w. Jelly Fruit- 1/2 cup Milk- 1 cup	Whole Grain Cereal Bowl Fruit- 1/2 cup Milk- 1 cup	Pancakes w. Syrup (2 each) Fruit- 1/2 cup Milk- 1 cup
Apple Whirls Cereal Bowl Fruit-1/2 cup Milk- 1 cup	Fruit & Grain Apple Bar Fruit- 1/2 cup Milk-1 cup	Biscuit w. Jelly Fruit- 1/2 cup Milk- 1 cup		

Note:

~100% Fruit Juice
IS considered a
Fruit component

~Low-Fat 1%
White Milk is
offered daily at
both Breakfast &
Lunch

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star School
Lunch Provider!



It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from
you. email us at accounts@organiclifeonline.com

MENU MAY BE SUBJECT TO CHANGE. ORGANIC LIFE MAY SUBSTITUTE PROTEIN, FRUIT AND/OR VEGETABLE BASED ON SEASONALITY AVAILABILITY.

In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.