

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

Artificial  
Ingredients,  
Additives,  
Preservatives

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star School  
Lunch Provider!

1 	2 No School Winter Break	3 No School Winter Break	4 No School Winter Break	5 No School Winter Break
8 Grilled Hot Dog Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	9 Cheese Filled Bosco Sticks Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	10 Baked Chicken w. Brown Rice French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint	11 Olive Cheese Nachos Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Soft Shell Turkey Taco Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
15 No School Martin Luther King Day	16 4 Star Mac and Cheese Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	17 Whole Grain Pancakes w. Syrup Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	18 Homemade Cheese Foccacia Pizza Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 MmmBurger w. Cheese French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint
22 Baked Chicken Nuggets Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	23 Olive Cheese Nachos Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24 BBQ Chicken w. Brown Rice Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 Grilled Hot Dog Tator Tots Just Picked Fresh Fruit Ice Cold Milk Pint	26 Whole Grain Pancakes w. Turkey Sausage Just Picked Fresh Fruit Ice Cold Milk Pint
29 Baked Chicken Tenders Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	30 Homemade Cheese Foccacia Pizza Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	31 Pasta Marinara Veggies Just Picked Fresh Fruit Ice Cold Milk Pint		

**Available Daily:**

- Hot Daily Special
- Homemade Cheese or Pepperoni Pizza
- Turkey or Cheese Nachos w. Toppings
- Regular or Spicy Chicken Sandwiches
- Made to Order Turkey or Ham Sub Sandwiches
- Grab n' Go Salads/ Subs

**Student must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal**

**Fat Free Chocolate and 1% White Hormone-Free Milk Available**

**NEW A LA CARTE ITEMS:**

- Whole Grain Donuts
- White Cheddar Popcorn
- Propel 0 Calorie Enhanced Water (Various Flavors)

**Fun Facts!**
**CARROTS:**

**Carrots are crunchy, tasty and highly nutritious!**



**They are a particularly good source of Vitamin A, beta-carotene, fiber, vitamin K, potassium and antioxidants.**



It's time to get your **GREEN** on!

questions? comments? brilliant ideas? we want to hear from you. email us at [accounts@organiclifeonline.com](mailto:accounts@organiclifeonline.com)

ORGANIC LIFE MAY SUBSTITUTE PROTEIN, FRUIT AND/OR VEGETABLE BASED ON SEASONALITY AVAILABILITY.

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