

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

	1 Whole Grain Cereal Bowl - 1 each Fruit- 1/2 cup Milk- 1 cup	2 Whole Grain Breakfast Bar - 1 each Fruit- 1/2 cup Milk- 1 cup	3 Whole Grain Pancakes - 2 each Fruit- 1/2 cup Milk- 1 cup	4 No School
7 Whole Grain Corn Puffs Cereal -1 each Fruit- 1/2 cup Milk-1 cup	8 Fruit & Grain Strawberry Bar - 1 each Fruit- 1/2 cup Milk-1 cup	9 Whole Grain Bagel w. Cream Cheese - 1 each Fruit- 1/2 cup Milk- 1 cup	10 Whole Grain Cereal Bowl - 1 each Fruit- 1/2 cup Milk- 1 cup	11 Waffles -2 each Fruit- 1/2 cup Milk- 1 cup
14 Apple Whirls Cereal Bowl -1 each Fruit-1/2 cup Milk- 1 cup	15 Whole Grain Pancakes -2 each Fruit-1/2 cup Milk- 1 cup	16 Fruit & Grain Apple Bar -1 each Fruit-1/2 cup Milk- 1 cup	17 Biscuit w. Jelly -1 each Fruit- 1/2 cup Milk- 1 cup	18 Whole Grain Bagel w. Cream Cheese -1 each Fruit- 1/2 cup Milk- 1 cup
21 Whole Grain Cereal Bowl -1 each Fruit- 1/2 cup Milk- 1 cup	22 Fruit & Grain Strawberry Bar -1 each Fruit- 1/2 cup Milk-1 cup	23 Whole Grain Fruit Whirls Cereal -1 each Fruit- 1/2 cup Milk-1 cup	24 English Muffin w. Jelly -1 each Fruit- 1/2 cup Milk- 1 cup	25 French Toast Sticks -2 each Fruit- 1/2 cup Milk- 1 cup
28 No School 	29 Whole Grain Corn Puffs Cereal -1 each Fruit- 1/2 cup Milk-1 cup	30 Biscuit w. Jelly -1 each Fruit- 1/2 cup Milk- 1 cup	31 Whole Grain Breakfast Bar - 1 each Fruit- 1/2 cup Milk- 1 cup	1 Whole Grain Cereal Bowl -1 each Fruit- 1/2 cup Milk- 1 cup



Note:

~100% Fruit Juice IS considered a Fruit component

~Low-Fat 1% White Milk is offered daily at both Breakfast & Lunch

Artificial Ingredients, Additives, Preservatives

High-Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

\*\*\*\* 4-Star School Lunch Provider!



It's time to get your GREEN on!

questions? comments? brilliant ideas? we want to hear from you. email us at [accounts@organiclifeonline.com](mailto:accounts@organiclifeonline.com)

MENU MAY BE SUBJECT TO CHANGE. ORGANIC LIFE MAY SUBSTITUTE PROTEIN, FRUIT AND/OR VEGETABLE BASED ON SEASONALITY AVAILABILITY.

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