



Artificial Ingredients, Additives, Preservatives

High Fructose Corn Syrup

Fried Foods Mystery Meats

ALWAYS fresh NEVER frozen

\*\*\*\* 4-Star Schod Lunch Provider!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>3</p>	<p>4</p> <p>Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	 <p>5</p> <p>Hamburger - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>6</p> <p>Cheese Stuffed Bosco Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk-1 cup</p>	<p>7</p> <p>Turkey Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>
<p>10</p> <p>Sunbutter &amp; Jelly - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>11</p> <p>Turkey Taco - (1 Soft Shell Tortilla + 2 oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>12</p> <p>Cheese Pizza - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>13</p> <p>Chicken Slider Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>14</p> <p>Grilled Cheese - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>
<p>17</p> <p>Cheese Stuffed Bosco Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>18</p> <p>Mac &amp; Cheese - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>19</p> <p>Chicken Tenders - 2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>20</p> <p>Ham Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>21</p> <p>Mini Slider Burger - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>
<p>24</p> <p>Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>25</p> <p>Chicken Slider Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>26</p> <p>Sunbutter &amp; Jelly - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>27</p> <p>Pasta w. Marinara - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>	<p>28</p> <p>Turkey Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup</p>

**Note:**  
~100% Fruit Juice IS considered a Fruit component

**Did You Know?!**

Watermelon is a delicious and nutritious refreshing fruit that has a high water content which helps keep you hydrated!



Come eat fresh watermelon with us!

