

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Nov. 2018. Greenbay. Lunch.



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
			Sun Butter & Jelly - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	No School
Baked Chicken Tenders -2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Ham Sandwich -1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mini Slider Burger - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Stuffed Bosco Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk-1 cup	Chicken Slider Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
Cheese Pizza- 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Taco - (1 Soft Shell Tortilla + 2 oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Turkey Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Sun Butter & Jelly - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
No School Thanksgiving Break	No School Thanksgiving Break	No School Thanksgiving Break	HAPPY Thanksgiving 	No School Thanksgiving Break
Pasta w. Marinara - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Pizza - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Nuggets -4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Ham Sandwich - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mac & Cheese - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup

Note:

~100% Fruit Juice
IS considered a
Fruit component

Did you Know:

Cranberries are a
healthful food, due to
their high nutrient
and antioxidant cont
ent which helps your
body fight infections
and boost overall
health.

They are often
referred to as a
"super food."

