

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats

ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Nov. 2018. Lunch. Elementary.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>THERE IS <i>always</i> ALWAYS something to be THANKFUL FOR</p>		<p>hello FALL</p>	<p>Pasta Primavera Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Cheese Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>Chicken Tenders Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Corn Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>BBQ Chicken Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Cheesy Bosco Sticks w. Dipping Sauce Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Chicken Patty Sandwich Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>Cheese Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Soft Shell Taco w. Meat & Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>All Beef Hot Dog French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p><u>Thanksgiving</u> <u>Roasted Turkey</u> Served w. Dinner Roll <u>Steamed Green Beans</u> <u>Cranberry Sauce</u> Ice Cold Milk Pint</p>	<p>Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>
<p>No School Thanksgiving Break</p>	<p>No School Thanksgiving Break</p>	<p>No School Thanksgiving Break</p>	<p>HAPPY Thanksgiving</p>	<p>No School Thanksgiving Break</p>
<p>Pasta Mia Marinara Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Cheese Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>Baked Chicken Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>MmmBurger w. Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>	<p>4 Star Mac & Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint</p>

Did you Know:

Cranberries are a healthful food, due to their high nutrient and antioxidant content which helps your body fight infections and boost overall health.

They are often referred to as a "super food."



~Student must choose a FRUIT and/or a VEG + 2 additional components to make a complete meal

