

Artificial
Ingredients,
Additives,
Preservatives

High Fructose
Corn Syrup

Fried Foods
Mystery Meats





ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Feb 2019. Breakfast. Menu



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
		Happy Valentine's Day!		Chef's Choice Just Picked Fresh Fruit Ice Cold Milk Pint ¹
Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint ⁴	Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint ⁵	Whole Grain Apple Oatmeal Bar Just Picked Fresh Fruit Ice Cold Milk Pint ⁶	French Toast w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint ⁷	Heart Healthy Oatmeal w. Toppings Just Picked Fresh Fruit Ice Cold Milk Pint ⁸ 
Whole Grain Animal Crackers Just Picked Fresh Fruit Ice Cold Milk Pint ¹¹	Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint ¹²	Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint ¹³	English Muffin w. Jelly Just Picked Fresh Fruit Ice Cold Milk Pint ¹⁴	No School Non-Attendance Day ¹⁵
No School President's Day ¹⁸	Pancakes w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint ¹⁹	Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint ²⁰	Biscuit w. Jelly Just Picked Fresh Fruit Ice Cold Milk Pint ²¹	Heart Healthy Oatmeal w. Toppings Just Picked Fresh Fruit Ice Cold Milk Pint ²² 
Mozzarella String Cheese Graham Crackers Just Picked Fresh Fruit Ice Cold Milk Pint ²⁵	Waffles w. Syrup Just Picked Fresh Fruit Ice Cold Milk Pint ²⁶	Whole Grain Breakfast Bar Just Picked Fresh Fruit Ice Cold Milk Pint ²⁷	Chef's Choice Just Picked Fresh Fruit Ice Cold Milk Pint ²⁸	

Did You Know:

APPLES
are among the most popular fruits in the world!

They are high in fiber, vitamin C, and various antioxidants.

Red Delicious



Granny Smith



Gala

