

Artificial  
Ingredients,  
Additives,  
Preservatives

High Fructose  
Corn Syrup

Fried Foods  
Mystery Meats

ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!



Jan. 2019. Greenbay. Breakfast



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	No School <sup>1</sup>	No School <sup>2</sup>	No School <sup>3</sup>	No School <sup>4</sup>
Whole Grain Cheerios Cereal Bowl Fruit- 1/2 cup Milk- 1 cup <sup>7</sup>	Pancakes w. Syrup (2 each) Fruit- 1/2 cup Milk-1 cup <sup>8</sup>	Whole Grain Fruit & Apple Bar Fruit- 1/2 cup Milk-1 cup <sup>9</sup>	French Toast w. Syrup Fruit- 1/2 cup Milk- 1 cup <sup>10</sup>	Bagel & Cream Cheese Fruit- 1/2 cup Milk- 1 cup <sup>11</sup>
Whole Grain Cereal Bowl Fruit- 1/2 cup Milk- 1 cup <sup>14</sup>	Waffles w. Syrup (2 each) Fruit- 1/2 cup Milk-1 cup <sup>15</sup>	Whole Grain Fruit & Strawberry Bar Fruit- 1/2 cup Milk-1 cup <sup>16</sup>	English Muffin w. Jelly Fruit- 1/2 cup Milk- 1 cup <sup>17</sup>	Whole Grain Breakfast Bar Fruit- 1/2 cup Milk- 1 cup <sup>18</sup>
No School Martin Luther King Day <sup>21</sup>	Whole Grain Cereal Bowl Fruit- 1/2 cup Milk- 1 cup <sup>22</sup>	Whole Grain Fruit & Apple Bar Fruit- 1/2 cup Milk-1 cup <sup>23</sup>	Biscuit w. Jelly Fruit- 1/2 cup Milk- 1 cup <sup>24</sup>	Bagel & Cream Cheese Fruit- 1/2 cup Milk- 1 cup <sup>25</sup>
Whole Grain Cereal Bowl Fruit- 1/2 cup Milk- 1 cup <sup>28</sup>	Waffles w. Syrup (2 each) Fruit- 1/2 cup Milk-1 cup <sup>29</sup>	Whole Grain Breakfast Bar Fruit- 1/2 cup Milk-1 cup <sup>30</sup>	English Muffin w. Jelly Fruit- 1/2 cup Milk- 1 cup <sup>31</sup>	

Please Note:

~100% Fruit  
Juice IS  
considered a  
Fruit component  
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Happy New  
Year!

