



Jan. 2019. Greenbay. Lunch.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	No School ¹	No School ²	No School ³	No School ⁴
Sun Butter & Jelly ⁷ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Ham Sandwich ⁸ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mini Slider Burger ⁹ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Stuffed Bosco ¹⁰ Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Nuggets ¹¹ - 4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
Cheese Pizza- 1 each ¹⁴ Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Baked Chicken Tenders ¹⁵ - 2 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Turkey Sandwich ¹⁶ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Sun Butter & Jelly ¹⁷ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mini Slider Burger ¹⁸ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup
No School ²¹ Martin Luther King Jr.	Baked Chicken Nuggets ²² - 4 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Mac & Cheese ²³ - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Taco - ²⁴ (1 Soft Shell Tortilla + 2 oz meat) Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Stuffed Bosco ²⁵ Sticks - 2 each w. Marinara Sauce Veggies- 1/4 cup Fruit- 1/4 cup
Pasta w. Marinara ²⁸ - 4 oz Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Cheese Pizza- 1 each ²⁹ Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Turkey Sandwich ³⁰ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	Chicken Slider Sandwich ³¹ - 1 each Veggies- 1/4 cup Fruit- 1/4 cup Milk- 1 cup	

Note:

~100% Fruit Juice IS considered a Fruit component

Bananas are high in potassium and fiber. They help prevent asthma, cancer, high blood pressure, diabetes, cardiovascular disease, and much more!

