

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats


ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Feb. 2019. Lunch. Elementary.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Happy Valentine's Day!		Cheese Pizza 1 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
Baked Chicken 4 Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Corn Dog 5 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Nachos 6 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	All Beef Hot Dog 7 French Fries! Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Baked Chicken Nuggets 8 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
Cheese Pizza 11 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chicken Tenders 12 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	All Beef Hot Dog 13 French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint	Spaghetti w. Meatballs 14 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint ~Strawberry Milk Available	No School 15
No School 18	Baked Chicken Nuggets 19 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	4 Star Mac & Cheese 20 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Hard Shell Tacos 21 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Cheeseburger 22 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
Pasta w. Marinara Sauce 25 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Cheese Pizza 26 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Baked Chicken 27 Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Chef's Choice 28 Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	Students must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal

Did You Know:

APPLES are among the most popular fruits in the world!

They are high in fiber, vitamin C, and various antioxidants.

Red Delicious



Granny Smith



Gala

