

Artificial  
Ingredients,  
Additives,  
Preservatives

High-Fructose  
Corn Syrup

Fried Foods  
Mystery Meats


ALWAYS fresh  
NEVER frozen

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4-Star Schod  
Lunch Provider!



Feb. 2019. Lunch. High School.



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
|                            |   | <b>Happy Valentine's Day!</b>  |   | Cheese Pizza<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint 1                  |
| Baked Chicken 4<br>Served w. Brown Rice<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | Corn Dog 5<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                      | Chicken Nachos 6<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                         | All Beef Hot Dog 7<br>French Fries!<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                     | Baked Chicken Nuggets 8<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint         |
| Sausage Pizza 11<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                        | <i>Spicy Chicken Tenders</i> 12<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | Chef's Choice 13<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                         | Spaghetti w. Meatballs 14<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint<br>~Strawberry Milk Available | No School 15  |
| No School 18  | Baked Chicken Nuggets 19<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint        | 4 Star Mac & Cheese 20<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                   | Hard Shell Tacos 21<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint                                     | <i>Bacon Cheeseburger</i> 22<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint    |
| Pasta w. Marinara Sauce 25<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint              | <i>Spicy Chicken Pizza</i> 26<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint   | Baked Chicken 27<br>Served w. Brown Rice<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint | Chef's Choice 28<br>Steamed Veggies<br>Just Picked Fresh Fruit<br>Ice Cold Milk Pint  | <b>Students must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal</b> |

**Available Daily:**

- Hot Daily Special
- Homemade Cheese or Pepperoni Pizza
- Turkey or Cheese Nachos w. Toppings
- Regular or Spicy Chicken Sandwiches
- Made to Order Turkey or Ham Sub Sandwiches
- \*\*New\*\***
- Salad Bar / Subs**

Student must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal

Fat Free Chocolate and 1% White Milk Available

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**\*\* Ala Carte:**  
**Smart Snack**  
**Hershey's**  
**Ice Cream is now Available!**

