

Artificial
Ingredients,
Additives,
Preservatives

High-Fructose
Corn Syrup

Fried Foods
Mystery Meats


ALWAYS fresh
NEVER frozen

4-Star Schod
Lunch Provider!



Jan. 2019. Lunch. High School.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 No School Winter Break	2 No School Winter Break	3 No School Winter Break	4 No School Winter Break
7 Cheese Nachos Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	8 Corn Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	9 BBQ Chicken Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	10 All Beef Hot Dog Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	11 Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
14 Spicy Chicken Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	15 Chicken Tenders Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	16 All Beef Hot Dog French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint	17 Spaghetti w. Meatballs Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	18 Bacon Cheeseburger Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
21 No School Martin Luther King Day	22 Baked Chicken Nuggets Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	23 4 Star Mac & Cheese Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	24 Soft Shell Taco Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	25 Chef's Choice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
28 Pasta w. Marinara Sauce Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	29 Sausage Pizza Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	30 Baked Chicken Served w. Brown Rice Steamed Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	31 All Beef Hot Dog French Fries! Just Picked Fresh Fruit Ice Cold Milk Pint	Students must choose a FRUIT and/ or a VEG + 2 additional components to make a complete meal

Available Daily:

- Hot Daily Special
- Homemade Cheese or Pepperoni Pizza
- Turkey or Cheese Nachos w. Toppings
- Regular or Spicy Chicken Sandwiches
- Made to Order Turkey or Ham Sub Sandwiches
- **New****
- Salad Bar / Subs**

Student must choose a **FRUIT** and/ or a **VEG** + **2 additional components** to make a complete meal

Fat Free Chocolate and 1% White Milk Available

**** Ala Carte:**
Smart Snack
Hershey's
Ice Cream is now Available!

